

Welcome to a Universe of Connection & Inclusion



Introduce a Universal Baseline for Human Connection, Self-inclusion & Belonging.

Facilitation

1. Order the **Born Equal and Free** Toolkit at www.YouthforHumanRights.org FREE!
2. Conduct the Youth for Human Rights - **Born Free and Equal** video training.
3. Host a Universal Connection Awards Ceremony to establish a new student baseline of self-inclusion for students **Grades 5-7**.
 - <https://www.youthforhumanrights.org/what-are-human-rights/videos/born-free-and-equal.html>
 - Discuss what it means to be born free & equal in America.
 - Create your own or download the Certificate Award.ppt. Edit the text boxes to easily customize student names and pictures; sign & frame.
 - Ask students for ideas & plan a proper awards ceremony. At the event, bestow each personalized certificate to their Rightful Beneficiary.
 - Consider including the creative activities below into your celebration (or create your own).

ENJOY MUSICAL REFLECTION (Gardener)

Listen to the lyrics of the song Silence by Khalid (or any song about Belonging). Open dialogue and ask how does this song reflect real life? Are songs about social issues important? No matter the lyrics, why does music remain the soundtrack of our lives? How does music **keep** us human?

CREATIVITY & VISUALS (Bloom)

Create Rights & Responsibilities (R&R) strings of beads. Use color beads to represent their human rights & responsibilities. String 3 of one color change color and repeat to create a string of 27 or 36 beads including one larger bead to represent the SELF. Use as a Keepsake & Visual Reminder. R&R strands are a fun way to focus the mind and reinforce a positive self-image.

IMPORTANT NOTE: *ACKNOWLEDGING EMOTIONAL RESPONSES*

Teachers & students can help assure students that EVERYONE is included. Confirm that we can all try to do better, now that we all know better. Acknowledge personal experiences shared and acknowledge opportunities to practice human equity and empathy in real-time. Thank all students for overcoming their fear/vulnerability and voicing mature and authentic insights.

Download this PPT slide to easily customize certificates for your students

